

April 2020



The Perfect Storm

"When mariners describe a tempest that no sailor can escape, they call it a perfect storm. Not perfect as in "ideal," but perfect in the sense of combining factors. All the elements—hurricane-force winds plus a cold front plus a downpour of rain—work together to create the insurmountable disaster. The winds alone would be a challenge; but the winds plus the cold plus the rain? The perfect recipe for disaster.

"You needn't be a fisherman to experience a perfect storm. All you need is a layoff plus a recession. A disease plus a job transfer. A relationship breakup plus a college rejection. We can handle one challenge... but two or three at a time? One wave after another, gale forces followed by thunderstorms? It's enough to make you wonder, "Will I survive?" "Anxious for Nothing, by Max Lucado

The truth of living in our broken world is that we will encounter storms and, from time to time, the perfect storm will roll in and threaten to take away what has become precious to us. Our relationships, our jobs, our homes, our health, and our retirement are all at risk of being lost in the tumult of our broken and hurting world. And yet...

Scripture reminds us that God is powerful.

2 Chronicles 20:6 reminds us, "God rules over all the kingdoms of the nations. In his hand are power and might, so that none can withstand."

Psalm 147 says, "He determines the number of the stars; he gives to all of them their names. Great is our Lord, and abundant in power; his understanding is beyond measure."

Job 26 reminds us "God stretches the northern sky over empty space and hangs the earth on nothing. He wraps the rain in his thick clouds. He created the horizon when he separated the waters: he set the boundary between day and night. The foundations of heaven tremble; they shudder at his rebuke. By his power the sea grows calm. These are just the beginning of all that he does, merely a whisper of his power."

So God is infinitely powerful. And yet... Scripture also reminds us God is intensely personal.

Isaiah 49:15 says, "Can a woman forget her nursing child, that she should have no compassion on the son of her womb? Even these may forget, yet I will not forget you." Isaiah 43:2 says, "When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you."

Isaiah 41:10 says, "Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

God is infinitely powerful, but God is also intensely personal.

Know this: 1) the storms of this life are inevitable, but 2) the peace of God which

surpasses all understanding can guard your hearts and minds in Christ Jesus, even in the midst of life's storm.

We don't always know how or why things happen. Sometimes it feels like God intervenes in a HUGE way and seems to clobber all obstacles in our path. But sometimes we feel abandoned to our own dark paths of despair. But the truth is, we are never abandoned. The mountains may crash around you and the perfect storm may threaten to drown you, but our infinitely powerful, intensely personal God promises us that the END will be well. Not every storm will end well, but The End will be well. So if all isn't well, it isn't the End. Until then...*May the peace of God that surpasses all understanding guard your heart and your mind in Christ Jesus, Amen.* Peace, Intern Pr. Meggie

Dear Friends in Christ,

Greetings to you from the leadership at Galchutt and Emmanuel Lutheran Churches. We pray that you are well both physically and spiritually. We have been monitoring the local and regional impact of the COVID-19/Corona virus to be able to provide the best guidance to our congregations. We are utilizing trusted information sources, such as the ND Department of Health, the CDC, and our synod office, to make data-based and faith-driven decisions.

We desire to protect ourselves and love our neighbors as Jesus has taught us. Based on ND Department of Health guidelines, we must adjust how we gather for worship. Until further notice, ALL gatherings have been canceled & traditional worship services have been adjusted.

Events

First Communion classes – postponed (dates TBD) Confirmation classes/retreat – postponed Wednesday Bible Studies – cancelled (reinstatement TBD)

Worship

Sunday Service Transition—Our services will be transitioned to Red River Communications on Channel 3 at 9 AM on Sunday. Also available online (see below).

Daily Prayer time, 10 AM available in your homes with daily posts on Facebook

Wednesday Lenten Services Cancelled

Periodic Facebook Live devotions

Please contact Intern Pr. Meggie about funerals

In this time of being socially distant, we can stay connected to the word of God in the following ways:

- Sunday services will be hosted online in cooperation with Richland-Our Saviors Parish. Pastor Julé (Richland-Our Savior's) and Intern Pr. Meggie will lead us in worship. You can find these on the YouTube Channel "Richland Our Saviors," our website, or on either church's Facebook page.
- **Tune in to a service by radio or TV**. While these will not be produced by our church, there are many services available by wonderful pastors.
- Join us for a daily prayer time. Set a daily timer on your phone for 10 AM. When it rings, remember to stop and pray. Pray for those afflicted by COVID-19, the continued health & safety of our members, and all of God's children.
- **Keep in mind people who may feel vulnerable or isolated by this event.** Scripture reminds us to care for our neighbor just as we love ourselves. If you know someone who may be alone or scared, please connect them to God's love by reaching out.
- **Of course, if you have fears or concerns, don't hesitate to reach out**. Intern Pr. Meggie can be reached at (701) 205-6803 or <u>mbjertness001@luthersem.edu</u>.

Rest assured that we have your best interests at heart. Our goal is to resume regular schedules as

NOTE: The calendar page for April was intentionally left out of this month's Echo due to the cancellation of all activities at this time. If church activities should resume prior to the end of April, normal worship times at Galchutt and Emmanuel will resume as previously held.

HELP for Times of CRISIS

Connect with us!

Our world is changing fast and we want to stay connected! We are sending out weekly updates via email with links to services, sermons, and lessons. If you would like to be included, please send an email to the office: emmanuelgalchutt@gmail.com.

To further stay connected, we invite you to "like" our Facebook pages. "Galchutt Lutheran Church" or "Emmanuel Lutheran Church." We will be posting daily prayer times and weekly services here.

We are also aware that not everyone has access to these electronic forms of communication. If you prefer to share your phone number, please call Intern Pr. Meggie at (701) 205-6803 and she would love to connect with you.

A Word about Generosity

There are thousands of verses about money in the Bible. In fact, Jesus talked about money more than any other topic except the Kingdom of God. Money says that "things bring happiness" or that the "almighty dollar" will save with its promise of security. But we know this isn't true.

Scripture tells a different story: our use of money tells us who we serve (Matthew 6:21) and reveals the priorities of our heart (Matthew 6:24). Scripture reminds us that everything comes from God (1 Chronicles 29:17) and that a joyful heart gives cheerfully (2 Cointhians. 9:7). Scripture also reminds us that giving connects us to others and helps us remember to honor God who maintains control when we no longer have it.

We know all too well that money defines much of our lives, but does not guarantee security. Many of us are struggling to watch our retirement, investments, and even our incomes go away. We feel angry and frustrated by a lack of control. However, even when we lack control over the world around us, we retain control over our own actions and responses. As you consider how to live in this new world, we remind you to remember God's encouragement to give.

For those who are connected to Emmanuel, you will find information in this Echo that allows you to set up a recurring monthly electronic deposit to the church. Galchutt donations can be set up by contacting treasurer Kendra Dockter at (701) 640-0127. Of course, donations for either church can be mailed to the church office at P. O. Box 119, Abercrombie, ND 58001.

Resources

Are you looking to connect with faith at home? Here are some of Intern Pr. Meggie's favorite resources. All of these are available online or at Melberg's or Hurley's in Fargo.

For infant to age 3: The Beginner's Bible or The Jesus Storybook Bible.

For age 3 to 8: The Spark Story Bible.

For age 8 to 15: The Action Bible. This is a Comic-book style Bible. Each Bible story is well-represented, fun, and engaging for children age 8-15.

For age 16 and up & Devotions for Adults:

Jesus Calling by Sarah Young

Draw the Circle by Mark Batterson

Bibles for Adults: I enjoy either the Message version or a Life Application Bible. The Message translated scripture into vernacular language. It is very easy and very accessible. Life Application Bibles come in various translations (NRSV is what we use in church) but includes study tools and extra information to make sense of each passage. The Lutheran Study Bible is also a good study Bible. *Intern Pastor Meggie*

The Echo





The Echo theme this month, selected months ago, provided choices for articles regarding "pioneering, the future, or legacy." Some of us may wonder, with all that is going on, what stories we will have to share in the future. We are experiencing a time like no other in recent history. The news



bombards us hourly with updates-messages that aren't presently providing us much comfort. However, through modern technology, we are fortunate to be able to watch televised church services, video or Facebook recorded messages, and converse via phone with our family and friends. We need each other and hope-providing messages now more than ever. Stay in touch with family and friends. Also watch or listen to things that provide you some level of comfort or humor. Work on projects that have been left undone for months. Listen to radio stations that play comforting music—one of my favorites is Life 97.9. And more than anything, remember that the Lord who watches over us will continue to do so. Lou Ann Lee

HOW ARE YOU COPING?

In the past few days, I have heard many times, "I don't remember a crisis like this in my life," referring to COVID-19 and our need for social distancing. I tended to agree until, after some serious consideration, I recalled the flood of '97 and the isolation I felt staying home from work for two weeks during the high-water. That experience, though different, had some similarities to this global pandemic. We were free to go out but many places weren't open. There wasn't school; businesses were closed, and it was difficult getting across the river to church.

With many of those conditions true today, it's not hard to see how our normal routines have been disrupted. Some people are able to work from home but may need to find ways to keep their kids happy and busy while they do their job. During the flood of '97 I was able to use my time off from the office to work on a home business while my teenagers occupied themselves. My daughter is spending her days at home multi-tasking office work with refereeing sibling conflicts.

So how are you being affected by the COVID-19? Have you found stress reduction techniques that help you? If you are living alone are you able to maintain people connections while reducing exposure to the virus? In the last few days, I have found it helpful to "phone a friend," connect with others online, and join Pastor Meggie and others in daily devotions and prayer on Facebook. Reading is also helpful when I don't just focus on the myriad of news sources repeating the same tales of woe. It may be time to reach out to someone who needs human connections. This is also a good time to pray for health, wisdom for our leaders as they guide us through this stressful time, and those who are hurting in our world.

Staying Sane and Connected

Now's the time to try something new. Here are a few more things the Echo Squad is doing. How about you?

- Weekly Skype or FaceTime sessions with the extended family.
- Visit the world's museums (There are virtual tours online).
- Dust off those puzzles on your shelf. Now's a good time to put one together.
- Play games (word games, board games).
- Clean out the junk areas in the house.
- Make a card or write a note to someone special.
- Finish those projects at home that just needed "10 more minutes" to complete.

LIFE IS EXHAUSTING

Life is overwhelming. Well, at least some of the time. I feel I have to be constantly mindful, always vigilant. Things that required very little thought, things I could do almost on automatic pilot now require conscious decision making and sometimes it just wears me out. Remember when you could go to



the grocery store and pick the bread, flour, potato chips off the shelf almost in your sleep. Now there's an aisle of bread and probably 100 different types of potato chips. It takes a lot more energy to shop. But it isn't only groceries. Think about health insurance. I remember when there was maybe two alternatives-the Cadillac policy and the policy for the rest of us. Now it takes days of research to make a choice. Or phone service... I can think back to when the phone was on the kitchen wall when you moved into your home and getting service was only one contact away. Now there's not only phone service plans but also movie, internet and cable plans to pour through. And the last time I traveled, finding the cost of a hotel required an effort above and beyond just looking it up online since there are now too many booking sites quoting different prices. I think it took me 45 minutes!

Don't get me wrong. I like having choices in my life but sometimes I feel there are just too many. I understand why many people today are anxious, fearful, and yearn for the simplicity of the past. We are bombarded daily with hundreds of decisions, big and small, that have to be made. No wonder it's exhausting.

How does a person deal with all of this "overchoice"? I learned from Andrea Wren in her article, "Why Too Much Choice is Stressful and 7 Simple Ways to Limit it" that restricting options, whenever possible, can help a person reduce stress and time required in making decisions. After all, you don't need to look at every single option. Choose just one store to go to or look at only 4 vacation brochures. The time and stress required to save a few bucks isn't always worth it. Once you've made a decision, stick with it. Don't second guess. Be happy with your choice.

Linda Kuruc



We keep the following in our prayers:

- Micah Moxness, Vicki Moen, Roger Quamme, and Duane Kurtz, as they deal with illnesses;
- Marlys Larson and family as they grieve the death of her brother;
- All who suffer from illness, addiction, grief, or sadness; and
- Our country, as we learn how to deal with this dangerous threat called COVID-19.

ECHO SPONSORSHIP FORM

Thank you for all the support we have had for the Echo. If you are interested in sponsoring an issue, please fill out the below form. Sponsorships for **July 2020** and forward are available. Checks can be sent to *Galchutt Church*, c/o Kendra Dockter, 16860 70th St SE, Colfax, ND 58018.

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The day before Good Friday is called Maundy Thursday. The word "Maundy" comes from the Latin word mandatum, which means "commandment." In the gospel of John, Jesus makes this statement during the Last Supper: "I am with you only a little longer. ... I give you a new commandment, that you love one another. Just as I have

loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another" (John 13:33-35, NRSV).

Maundy Thursday should always be a time of sharing with others, showing loving concern for one another, and partaking of Holy Communion. That is what the Lord asked of his disciples and asks of us.

The symbols of Easter

Christianity has many symbols; the most recognizable is, of course, the cross. There are a number of symbols linked with Easter or the Resurrection: the butterfly, the lily, the pomegranate, the phoenix, and the peacock.



The butterfly represents the Resurrection and eternal life. It emerges from its cocoon or chrysalis and gloriously rises into the sky in its splendid new body. Similarly, Jesus and his followers are born into a new life on Easter.

The lily is perhaps the most common Easter symbol because it's displayed during Easter worship services and blooms around this time each year. The lily's bulb decays in the earth, yet

new life sprouts from it in the form of the flower — reminiscent of the new life that emerged from the tomb so many years ago.

The pomegranate is used as a symbol of the power of Christ and his Resurrection because of the many seeds that burst forth from the fruit. These seeds represent the many believers who follow Christ. They also represent the magnificence of divine grace and the fertility of the Word.

The peacock sheds his feathers annually. Each year the feathers grow back more beautiful and more brilliant in color. This renewal symbolizes eternal life or resurrection. There's also a myth that the peacock's flesh doesn't decay after death — immortality. (The peacock is sometimes used to represent human vanity, because of the way he proudly struts and displays his plumage.)





The phoenix was a mythical bird that lived in the Arabian Desert for five hundred years. It set its own nest on fire and perished in the flames. But on the third day it rose from its own ashes and ascended into the sky as a new and beautiful creature. It's easy to see why the phoenix represents immortal life and the Resurrection.

Yes, I can!

I cannot alleviate poverty, but I can feed one hungry person. I cannot end war, but I can extend a branch of peace to my neighbor. I cannot prevent death, but I can hold the hand of a dying man. That may not seem like much, but it is far harder than to devise schemes for social betterment, and it is everything. Christ said, "Whatever you did for one of the least of these brothers of mine, you did for me" (Matthew 25:40, NIV).



thank the following for their recent

memorials & donations (continued on page 6)

In Memory of Morna Syvertsen

• St. John's Cemetery

- Bruce & Linda Olson
- Mark & Jamie Gorder
- Ed & Lois Moen
- Craig & Deb Syvertsen
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- Joan & Gordy Olson
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 - ♦ Judy Larson
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 - Lucille Egger, Lavella Hansen, Vernon & Stacey Reynolds, Danielle Warburton

In Memory of Irene Burshiem

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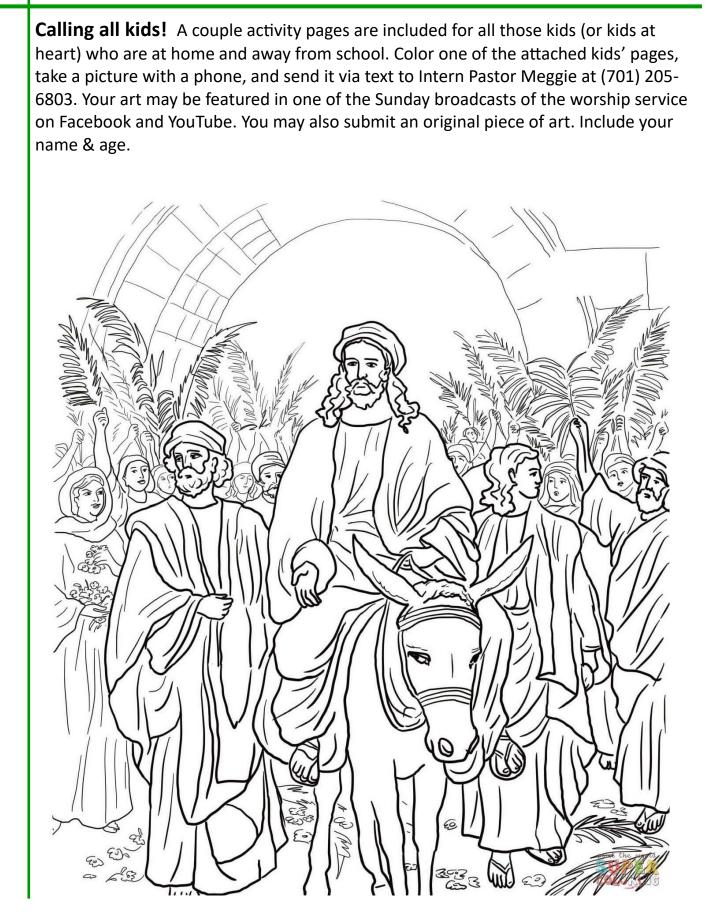
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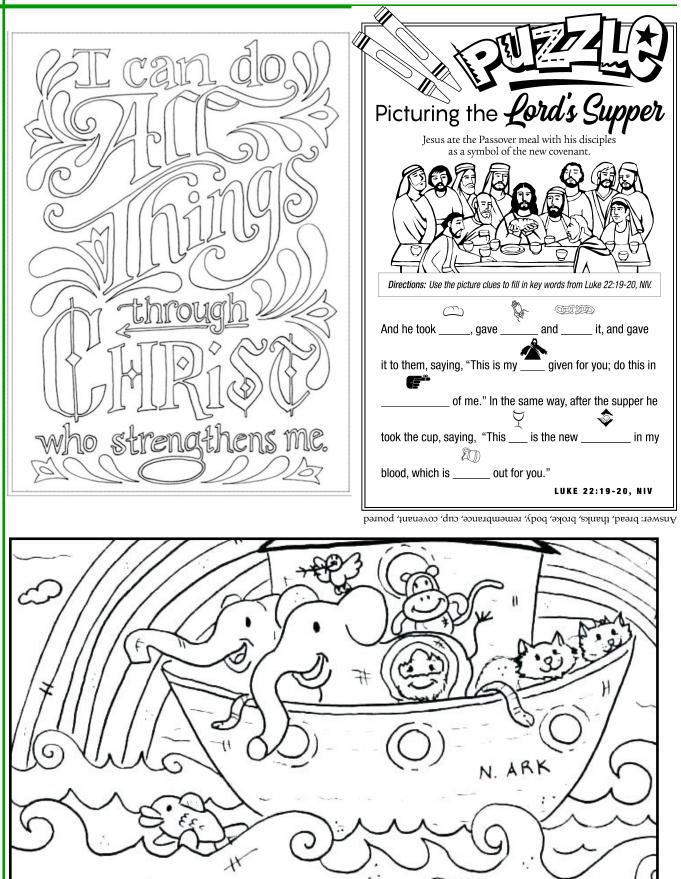
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 - Warren & Jeane Gast
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Emmanuel Members— During this time when our church has had to cancel worship services, Lenten service, and all other activities, please remember that the monthly bills such as salaries, electricity, telephone service, heat, water, etc continue to be paid. In the past we asked members to consider



automatic withdrawals for your monthly offerings. We again would like to encourage this easy method of ensuring that offerings continue to be received regularly. Included on this page is a form that you would complete to have electronic offerings sent to the church. This form can be completed and either mailed directly to Vantage Bank, P. O. Box 51, Kent, MN 56553, or you can mail it to the church office at P. O. Box 119, Abercrombie, ND 58001 and mark it "Attn: Emmanuel Treasurer." Whatever amount you elect will be sent electronically to our church bank account on the 5th of each month. We sincerely thank those members who previously made this decision and encourage others to do it also!! Any questions, please call treasurer Lou Ann Lee at (701) 640-0321.

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EMMANUEL LUTHERAN CHURCH " Do not fear, for I have redeemed you; I have called you by name, you are mine." Isaiah 43:1

I, ______(please print), hereby authorize Emmanuel Lutheran Church, Abercrombie, North Dakota, to make the following transfer of funds from:

Bank Name: _____

Bank Routing Number: _____

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to the checking account in the name of Emmanuel Lutheran Church held at Vantage Bank in Kent, Minnesota, in the amount of \$_____, on a monthly basis occurring the 5th of each month beginning ______ and continuing until this agreement is terminated in writing by either myself or Emmanuel Lutheran Church. Termination will occur within 10 days after receipt of notice to do so.

Authorizing Signature(s)

Date

Please attach a copy of a VOIDED check.

Galchutt-Emmanuel Ministry

Emmanuel Lutheran Church P. O. Box 119 Abercrombie, ND 58001 Galchutt Lutheran Church 105 Galchutt Avenue Galchutt, ND 58075



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